

#### Volume 12 Number 5 (Sept/11)

#### Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

#### **Contact Information**

SaySo, Inc. c/o ILR, Inc. 411 Andrews Rd., Ste. 140 Durham NC 27705 Phone: 800-820-0001 Fax: 919/384-0338 Web Site: www.saysoinc.org Email: sayso@ilrinc.com

#### **Board of Directors:**

Marcella M. (Co-Chair) Region 4 mmarcella22@gmail.com Kellev T. (Co-Chair) Region 1 kell.bby\_loveya@yahoo.com Erica F. Region 4 (Secretary) laylabrooks61@yahoo.com Damonique L. Region 4 (Treasurer) damoniques\_a\_cutie@yahoo.com Shaquanda G. Region 2 (Sgt. Of Arms) dukechik93@yahoo.com Kalyn D. Region 6 denb6998@student.brunswickcc.edu Roman R. Region 6 ryssromann@gmail.com Corae H. Region 3 miss 0627@yahoo.com Tressina J. Region 3 tressinajordan@yahoo.com Patrick Y. Region 3 patrickfirepat@aol.com Sarah H. Region 5 sarah.pearl.heard@gmail.com Mahdi K. Region 4 mahdikent@yahoo.com Kelley T. Region 1 kell.bby\_loveya@yahoo.com Katie Q. Region 2 squeen643@gmail.com David R. Region 1 davidrosario13@yahoo.com Shanita T. Region 5 brooklynn\_1994@yahoo.com Titianna G. Region 5 titianna2011@yahoo.com

This Month's Inspirational Quote: "I can accept failure, everyone fails at something. But I can't accept not trying." – Michael Jordan



On August 3, 2011 our back to school "Teen Future" Link-Up Conference was held in Gaston County, NC. The day started with a fun activity that allowed everyone to meet new people. The keynote speaker was one of our Board Members, Katie Q. from Region 2. The youth learned about diversity and accepting others for who they are through a diversity workshop. The Link-Up also had workshops on paying for college and monies available through the NC Reach/ETV programs. There were Empowerment Stations on staying emotionally and physically healthy. Everyone received a great door prize and enjoyed playing our life skills games. Our next Link-Up will be held in the Eastern part of North Carolina in January. Thank you to everyone who came and participated. A special thanks also goes to Gaston County DSS for hosting our event and for all of their efforts in making LINK-Up a great success. It was a great day from start to finish and we hope to see you at our next LINK-Up!

#### \*\*THANK YOU SAYSO ADULT SUPPORTERS AND ADULT ADVISORS!!!\*\*





<u>Hey SaySo Members!!!!</u> Have you moved? Changed your telephone number? Or have a different email address? Let us know. We update our membership database often so if you wish to have your information updated, please contact us at 1-800-820-0001 or email us at <u>sayso@ilrinc.com</u>.

# Having Our Sayso, Strong Able Youth Speaking Out

## **Good News**

#### -Sarah H.,

Obtained a job as service clerk at Walgreen's. She enrolled in the North Carolina Dance Academy and received her learner's permit.

#### -Shanita G.,

Obtained her first job at a veterinary hospital as a Veterinary Assistant. She is also a senior this year.

#### -Roman G.,

Has a 4.0 in college and received a 51 out of 50 points on his first environmental science exam as a sophomore.

#### - Kalyn D.,

Finishing up her last year at a community college and made Honor Roll last semester.

#### - Kelley T.,

Obtained a job at a thrift store parttime.

#### - Damonique L.,

Moved residences and is going to a new high school, life is getting better.

#### - Marcella M.,

Met her two brothers and sister on her dad side for the first time. Her brother has two twin boys.

#### LET'S GET READY FOR THE FALL HOLIDAYS!!!!

#### SaySo Staff:

Executive Director: Nancy Carter

Program Coordinator: Lauren Zingraff

Assistant Program Coordinator: Chaney Stokes



Bring your Duffle Bags & Donation to Emily K Center 904 W. Chapel Hill St. Durham NC 27701 www.emilyk.org





#### 10AM-3PM Saturday, October 22, 2011

SaySo is proud to participate in the national "Make a Difference Day" event. We will be collecting duffle bags (or suitcases) for young people in foster care. SaySo will be hosting a mentoring day of service with other community partners in Durham - please contact Lauren if you plan on attending the Durham MADD event. If you would like to host your own MADD event in your county & need materials, please email us at sayso@ilrinc.com. Thank you SaySo for giving back to others & Making A Difference!!!

If you would like to host a MADD event in your hometown, or to make a Tax Deductible Contribution Contact: SaySo, Inc. (Strong Able Youth Speaking Out) # (800) 820-0001 or # (919) 384-1457

### SaySo Monthly Spotlight!

Voices from our Board of Director...

I am a senior in high and will graduate spring 2012. I plan to attend East Carolina University and pursue a career in Homeland Security. I love my country very much. I am hopeful for the future and excited about achieving my goals and reaching my dreams. SaySo is a wonderful organization to be apart of and has given me the opportunity to advocate for today's foster youth as well as tomorrows. There is no greater feeling. By:Damonique L.

> <u>Share with us!!</u> We want to know what your local chapter is up to for our next edition of "Having Our Say"